

Continuing to Implement Bronze Achieving Silver End-Year Report Checklist

- ☐ Coversheet
- ☐ January and March Newsletters

Silver #1: PTA Health-Related Event Description

- ☐ A description of the event. Give specifics about the activity
- ☐ A description of the PTA's involvement

Silver #2: Staff and Faculty Wellness Description

- ☐ A description of the activities the faculty and staff participated in
- ☐ A description of how the activities were promoted/communicated to faculty and staff
- ☐ If applicable, a description of how faculty participation was tracked

Silver #2: Staff and Faculty Wellness Policy

- ☐ Intent
 - “Wellness activities will be made available to all faculty and staff each year.”
 - Description of tobacco cessation program.
 - Do not include information that is specific to this year's wellness program in the policy.
- ☐ Rationale
 - Support for this policy.
- ☐ Reinforcement
 - Description of how faculty and staff will be made aware of the activities each year.
 - “This policy will be reviewed each year.”

Silver #3: Competitive and Non-competitive Activities Description

- ☐ List of competitive activities
- ☐ List of noncompetitive activities

Criteria Menu

Provide policies/descriptions for three of the following Criteria Menu options

Criteria Menu #1: Walk to School Day

- ☐ The date of the event
- ☐ A description of how the event was promoted
- ☐ A description of what was done on the day of the event

Criteria Menu #2: Jump Rope/Hoops for Heart

- ☐ The date of the event
- ☐ A description of how the event was promoted
- ☐ A description of what was done on the day of the event

Criteria Menu #3: Grocery Store Tours

- ☐ The name of the tour(s) the school participated in
- ☐ Dates of the tours
- ☐ The location of the store(s) the students visited
- ☐ How many classes went on the tour

Criteria Menu #4: School Walk for Diabetes or Other Health Related Walk

- ☐ Date of the event
- ☐ A description of how the event was promoted
- ☐ A description of what was done on the day of the event

Criteria Menu #5: Truth From Youth

- ☐ The number of classrooms or students that participated in the ad campaign
- ☐ A description of any education the students received or other events that accompanied the ad contest

Criteria Menu #6: Tobacco Prevention Program

- ☐ Which tobacco prevention curriculum was used
- ☐ Which grade levels the curriculum was used in

Criteria Menu #7: Cafeteria Connections

- ☐ A description of how Cafeteria Connections was utilized in the classroom and in the lunchroom

Criteria Menu #8: HealthierUS Challenge

- ☐ A description of the process the school went through to become a HealthierUS Challenge School

Criteria Menu #9: National Health Campaign

- ☐ Which national health campaign the school participated in
- ☐ A description of the activities that were held throughout the day, week or month to promote the health campaign

Criteria Menu #10: Olympic Field Day

- ☐ The date of your Olympic Field day
- ☐ A description of the activities the students will participate in

Criteria Menu #11: Student and Community Use of PA Facilities

- ☐ A statement that students and the community are allowed to use the school's facilities and equipment
- ☐ A list of what facilities they are allowed to use

Criteria Menu #12: School Health Council

- ☐ A list of members on the School Health Council
- ☐ A list of some meeting topics

Criteria Menu #13: No Withholding P.E. or Recess Policy

- ❑ Intent
 - “P.E. and recess will not be withheld from a student or class as a punishment.”
 - Include alternate options
- ❑ Rationale
 - Support for this policy
- ❑ Reinforcement
 - How this policy will be communicated to appropriate people
 - “This policy will be reviewed each year”

Criteria Menu #14: Continuing Education Policy

- ❑ Intent
 - “All teachers who teach physical education, tobacco use prevention, or nutrition will attend one training or in-service annually.”
 - Describe who determines appropriate trainings or in-services
- ❑ Rationale
 - Support for this policy
- ❑ Reinforcement
 - How this policy will be communicated to appropriate people
 - “This policy will be reviewed each year”

Criteria Menu #15: Breakfast and Lunch Policy

- ❑ Intent
 - “All students shall have the opportunity to receive breakfast and lunch at school.”
- ❑ Rationale
 - Support for this policy
- ❑ Reinforcement
 - How this policy will be communicated to parents, faculty, staff, and other appropriate people
 - “This policy will be reviewed each year”

Criteria Menu #16: President’s Challenge

- ❑ Which grades participated in the President’s Challenge
- ❑ Which test they did
 - Physical fitness test
 - Health fitness test
- ❑ A description of any special events that accompanied the President’s Challenge

Criteria Menu #17: Golden Sneaker

- ❑ Which grades participated in the Golden Sneaker Awards
- ❑ A description of any special events that accompanied the Golden Sneaker Awards